





THE RESERVE AT
FIRST COLONY
SENIOR LIVING AT EASE

Like Us!  

THE Reserve at First Colony Lifestyle

ASSISTED LIVING COMMUNITY
13825 Lexington Blvd · Sugar Land, TX 77478 · (281) 277-0900

Spotlight of the Month



December Spotlight goes to Ms. Dita. She has been our med tech for the past 10 plus years. She is a team lifter who consistently goes above and beyond. She is someone who knows how to manage the care team while she is on duty and makes sure residents are taken care of. Her enthusiastic attitude

makes everyone know that she is in the building. She has a nice sense of humor and loves making residents smile. We are so lucky to have you as a part of our team!!!

December Residents' & Employees' Birthdays

Larry M.	12/2
Betty L.	12/6
Martha R.	12/17
Grace A.	12/24
Dominique R.	12/1
Joshlyn R.	12/08
Delayjjiau B.	12/26



DECEMBER 2024



Stop and see our Memorial Garden

This month our lovely residents decided to create a Memorial Garden for a special and beautiful soul, Ms. Emily, and all the residents who departed this 2024. "None of us know how much time we have left on this earth. What is left in the end are your actions, the memories you left behind and how you made people feel. And what you want to leave behind is people who remember you with **LOVE.**"



DECEMBER
2024

Leadership
Team

Reema Bhamani
Executive Director

Regina McCarey
Assisted Living Director

Tabriel Jones
Sales Director

Zach Canon
Business Office Director

Rose Felix
Resident Care Coordinator

Angelo Gomez
Executive Chef

Jose Sarrion-Bravo
Maintenance Director



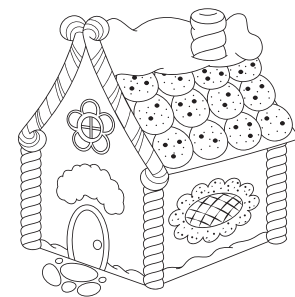
Yani Diaz
Activity Director

Find Us on
Facebook!

We've Got
Mail

About 1.3 billion holiday cards are sent each year in the U.S., says the Greeting Card Association.

"The more positivity,
love and light you reflect,
the more light is mirrored
your way."
—Suzy Kassem

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy B-Day Dominique 1 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 1:30 AR Rummikub 3:00 AR Bingo	Happy B-Day Mr. Larry M. 2 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue <i>2:00 Rummikub</i> 3:00 AR Bingo	3 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional <i>2:00 Rummikub</i> 3:20 AR Bingo 6:00 DR Movie/Program of your choice	National Cookie Day 4 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 Jason's Deli-Outing <i>2:00 Rummikub</i> 3:20 AR Bingo 5:00 AR Caroling with Providence Presbyterian Church 6:00 Rosary w/ St. Laurance Church	5 10:00 Exercise with Select Rehab 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue <i>2:00 Rummikub</i> 3:30 DR Christmas Movie & Snacks	Happy B-Day Ms. Betty L. 6 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional <i>2:00 Rummikub</i> 3:30 DR Happy Hour	7 11:00 AR Triominoes 12:00 DR Exercise Class 2:00 AR Rummikub 3:00 AR Bingo 6:00 Movie Club-Classic Movies
Happy B-Day Josh! 8 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 1:30 AR Rummikub 3:00 AR Bingo	9 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue <i>2:00 Rummikub</i> 3:00 AR Bingo 6:15 AR Solid Rock Bible Study	10 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional <i>2:00 Rummikub</i> 2:00 DR Town Hall 3:20 AR Bingo 6:00 DR Movie/Program of your choice	11 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games <i>2:00 Rummikub</i> 3:20 AR Bingo 6:00 Pecan Grove Christmas Light 6:00 Rosary w/ St. Laurance Church	12 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue <i>2:00 Rummikub</i> 3:30 DR Christmas Movie & Snacks 4:45 AR NAUW-Village Socks and Hats!	13 10:00 DR Dulles Middle School Choir 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:45 DR Dulles High School Choir <i>2:00 Rummikub</i> 3:30 DR Happy Hour	14 11:00 AR Triominoes 12:00 DR Exercise Class 2:00 AR Rummikub 3:00 AR Bingo 6:00 Movie Club-Classic Movies
15 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 1:30 AR Rummikub 2:00 Solid Rock Apostolic Church Service 3:00 AR Bingo	National Chocolate-Covered Anything Day 16 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 DR South Minister Choir <i>2:00 Rummikub</i> 2:30 DR Chocolate Fountain Marshmallows	Happy B-Day Ms. Martha 17 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 10:40 AR Mini Manicures 1:30 OT Dollar Tree-Outing <i>2:00 Rummikub</i> 6:00 DR Movie/Program of your choice	18 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games <i>2:00 Rummikub</i> 3:00 DR Pictures with Santa 6:00 Rosary w/ St. Laurance Church 11:00 OT Outing -TBA	19 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue <i>2:00 Rummikub</i> 3:30 DR Christmas Movie & Snacks	20 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional <i>2:00 Rummikub</i> 3:30 DR Happy Hour	21 11:00 AR Triominoes 12:00 DR Exercise Class 2:00 AR Rummikub 3:00 AR Bingo 3:00 DR Spread the Music (Violin) 6:00 Movie Club-Classic Movies
22 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 1:30 AR Rummikub 3:00 AR Bingo	23 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue <i>2:00 Rummikub</i> 3:00 AR Bingo	Christmas Eve Day 24 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional <i>2:00 Rummikub</i> 3:30 DR Christmas Eve Happy Hour 6:00 DR Movie/Program of your choice	25 Christmas 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Trivia/Table Games <i>2:00 Rummikub</i> 6:00 Rosary w/ St. Laurance Church	Happy B-day DJ! 26 10:00 Exercise with Select Rehab 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue <i>2:00 Rummikub</i> 3:30 DR Christmas Movie & Snacks	27 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional <i>2:00 Rummikub</i> 3:30 DR Happy Hour	28 11:00 AR Triominoes 12:00 DR Exercise Class 2:00 AR Rummikub 3:00 AR Bingo 6:00 Movie Club-Classic Movies
29 9:30 Sunday Service with St. Laurence <i>10:30 DR Piano Hour with Joey!</i> 1:00 AR Table Games 1:30 AR Rummikub 3:00 AR Bingo	30 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue <i>2:00 Rummikub</i> 3:00 AR Bingo	31 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional <i>2:00 Rummikub</i> 3:30 DR New Year's Toast Happy Hour 6:00 DR Movie/Program of your choice		<p>HAPPY</p> 		<p>All Events Are Subject to Change</p>

