



THE RESERVE AT
FIRST COLONY
SENIOR LIVING AT EASE

Like Us!  

THE Reserve at First Colony *Lifestyle*

ASSISTED LIVING COMMUNITY
13825 Lexington Blvd · Sugar Land, TX 77478 · (281) 277-0900

FEBRUARY 2025



Out & About

Welcome, New Team Members

Jasmin M.	Culinary
Myosha W. (Mo)	Culinary
Maurice F.	Activities
Threasiamma	Care Team
Margaretta I	Care Team
Jasmin	Concierge



Happy Birthday

Joey B.	2/1
Victoria M.	2/1 Village
Shirley B.	2/4
Betty L.	2/6
Carol H.	2/12 Village
Eldeen C.	2/12
Robert P.	2/14
Joseph S.	2/22
Dita L.	2/3 Med Tech



Our Village residents enjoying an outing to the park

FEBRUARY
2025

-Management-

Reema Bhamani
Executive Director

Zachery Canon
Business Director

Tabriel Jones
Sales & Marketing Director

Yani Diaz
Activities Director

Angelo Gomez
Dining Director

Jose Sarrion
Maintenance Director

Rose Felix
Resident Care Coordinator

**FIND US AND
ENGAGE ON
FACEBOOK
AND OTHER
SOCIAL
MEDIA
PLATFORMS!**

*"While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch."
—Patience Strong*

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Events Are Subject to Change</p>	<p>American HEART MONTH</p>	<p>NATIONAL WEAR RED DAY</p>	<p>SUPER BOWL</p>	<p>HONOR OUR VETS</p>	<p>PRESIDENTS DAY</p>	<p>1 10:00 Exercise Class 11:00 Triominos/ Table Games 2:00 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Movie Club-Classic Movies</p>
<p>2 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>3 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>4 Homemade Soup Day 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 DR Movie/Program of your choice</p>	<p>5 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Gardening Club 11:00 AR Trivia/Table Games 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Rosary w/ St. Laurence Church</p>	<p>6 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 DR Movie Club and Snacks-AL 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>7 National Fettuccine Alfredo National Wear Red Day 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 AR Mini Manicures 10:30 DR Newsreel & Devotional 2:00 Rummikub-1st match 3:30 DR Happy Hour 4:00 AR Rummikub- 2nd Match</p>	<p>8 10:00 Exercise Class 11:00 Triominos/ Table Games 2:00 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Movie Club-Classic Movies</p>
<p>9 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>10 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:15 AR Solid Rock Bible Study</p>	<p>11 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 AR Outreach Creations with Sue 2:00 Rummikub-1st match 2:00 Town Hall 2:45 DR Activities Meeting 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 DR Movie/Program of your choice</p>	<p>12 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Gardening Club 11:00 AR Trivia/Table Games 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Rosary w/ St. Laurence Church</p>	<p>13 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 DR Movie Club and Snacks-AL 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>14 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 AR Mini Manicures 10:30 DR Newsreel & Devotional 2:00 Rummikub-1st match 3:30 DR Happy Hour 4:00 AR Rummikub- 2nd Match</p>	<p>15 10:00 Exercise Class 11:00 Triominos/ Table Games 2:00 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Movie Club-Classic Movies</p>
<p>16 Super Bowl Sunday / National Pizza Day 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 2:00 Solid Rock Apostolic Church Service 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>17 Presidents Day 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>18 Drink Wine Day 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 OT Willie's Grill & Icehouse-Outing 1:00 AR Outreach Creations with Sue 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 DR Movie/Program of your choice</p>	<p>19 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Gardening Club 11:00 AR Trivia/Table Games 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Rosary w/ St. Laurence Church</p>	<p>20 National Cherry Pie Day 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 DR Movie Club and Snacks-AL 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>21 National Caregiver Day 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 AR Mini Manicures 10:30 DR Newsreel & Devotional 2:00 Rummikub-1st match 3:30 DR Happy Hour 3:30 Margarita & Chips and Dips 4:00 AR Rummikub- 2nd Match</p>	<p>22 10:00 Exercise Class 11:00 Triominos/ Table Games 2:00 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Movie Club-Classic Movies</p>
<p>23 9:30 Sunday Service with St. Laurence 10:30 DR Piano Hour with Joey! 1:00 AR Table Games 1:30 AR Rummikub 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>24 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 DR Mind Exercise 1:00 AR Spiritual Life with Rollin & Sue 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>25 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 Picnic to Memorial Park Sugarland 1:00 AR Outreach Creations with Sue 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 DR Movie/Program of your choice</p>	<p>26 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 11:00 AR Gardening Club 11:00 AR Trivia/Table Games 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match 6:00 Rosary w/ St. Laurence Church</p>	<p>27 10:00 Exercise with Select Rehab 10:00 Moving and Grooving Exercises 10:30 DR Newsreel & Devotional 1:00 DR Movie Club and Snacks-AL 2:00 Rummikub-1st match 3:15 AR Bingo 4:00 AR Rummikub- 2nd Match</p>	<p>28 National Kahlua Day 10:00 DR Exercise Class 10:00 Moving and Grooving Exercises 10:30 AR Mini Manicures 10:30 DR Newsreel & Devotional 2:00 Rummikub-1st match 3:30 DR Happy Hour 4:00 AR Rummikub- 2nd Match</p>	



Our residents challenging their brains with our Triominos Game!



Happy Birthday, Ms. Rosie!!!
We appreciate when family members get involved with our resident birthdays.



Gardening Club

We are excited to start a new Gardening Club starting Feb. 2025. Residents are encouraged to join us every Wednesday at 11am in the activity room. We will start the plants indoors from seed and in due time, transition them outdoors! We hope to see our residents participate! We will be growing herbs and peppers and depending on the skill level of our gardeners, we may even dabble with flowers. If you have any particular items that you would like to grow, please let us know!



Sweethearts' Ball 2025

Join us on Friday, Feb. 14th, as we celebrate love! Our weekly happy hour will be Valentine's themed and we will have music, dancing and, of course, wine! This will be a formal event and residents are encouraged to dress in hues of red or pink!